

# OUT!

OUT! is issued via e-mail, copies posted on the web site, [www.eardisleytennis.co.uk](http://www.eardisleytennis.co.uk), & in the clubhouse.

**ATTENTION!!!** The ladies A team will now be playing at home, against Whitecross on Friday evening the 18<sup>th</sup>. June.



## REMINDER

Don't forget the fun day on the 26<sup>th</sup>. They'll be fun & games for young & old, food, drink & entertainment. A raffle, the 100 square game & plenty more.

## HELP

Do you have, or know of, a small worktop or cupboard freezer that we could borrow? We'd like to have ice creams also available on the 26<sup>th</sup>. If you do contact Alastair on 01544 327894 or Peter on 01544 327540 – thanks.



## EMMA'S TOP TIPS

The key to serving well is consistency not necessarily pace. Practice your toss up. Allow the ball to drop without hitting it. If you are standing just behind the base line, (& you should be!), the ball should drop on it or just inside the court in line with your striking position. Practice until you get it right. A consistent ball toss will create a good rhythm. Once perfected start to strike the ball just as it turns/drops. If the toss up is wrong don't hit it! When striking the ball don't try to hit too small a target at first. As your serve improves you can refine this by aiming at specific locations and increasing your speed. Get it right before you try to get too smart!



## COMPETITION

Well done Charles, you cracked the last comp pretty quickly – see Emma for your balls. The answer, by the way, was exactly 2 mins 24 secs.

Steve's offering a free coaching session for the winner of the following name drops. Change:

LOB	ACE	DROP
into	into	into
OUT	WIN	SHOT

The winner will be the one completing the changes in the lowest number of stages. Don't be shy, have a go. Correct answers to [peter@eardisleytennis.co.uk](mailto:peter@eardisleytennis.co.uk) – good luck!



## RESULTS

Latest results as follows:

Monday 7<sup>th</sup>. June.

Ladies B away against Leominster C an unlucky loss. Keep your tails up girls.

Men's A against Whitecross B resulted in another win for our guys, 3 – 1, well done lads.

Tuesday 8<sup>th</sup>. June.

Ladies A at home against 3 Counties B, a 3 – 1 win, excellent result. Does promotion beckon?

Tuesday 15<sup>th</sup>. June.

Ladies B away against Bodenham unfortunately with a loss. Better luck next time girls.

Men's A away against MCS B nearly had a knock out win at 3 – 1- Great stuff.

Congratulations Will Haines – During the half term holiday Will won the under 14's tournament at Littleton near Evesham. Great result William.



## HOUSEKEEPING STUFF

The Sainsbury's Active Kids Voucher programme came to an end on the 8<sup>th</sup>. June. We've had over 1000 units donated, thank you. Just take a last look round for any that you may still have & let us have them – every one counts!



## COACHING

Thursdays junior coaching, started last week, was poorly attended. Please try & encourage our youngsters to take part. Likewise cardio did not have any takers! Steve will try again but may have to drop it if not supported.



## ODDS & ENDS

There are some veteran's tournaments being held on the championship grass courts at Nottingham Tennis Centre in July. The entries can range from over 50's men's doubles, on 15<sup>th</sup>. July, to men & women's singles & doubles, 21<sup>st</sup>. – 25<sup>th</sup>. July, over 40's, 50's & 60's. Interested? Call Peter on 01544 327540